In order to provide nutritious meals for students who are ill or injured without having to come to a residential dining facility Campus Dining Services has box meals containing foods best tolerated with flu-like symptoms or a to-go box meal can be picked up by a fellow student using the ill/injured student’s Mizzou Dining Plan.

Date of meal pick-up: __________________________________________

Student’s name: __________________________________________

Student #: ____________________  Cell phone #: _________________________

Residence hall: __________________________ Room #: ____________________

How many meals would the student like? ___________________________

Any specific dietary needs or allergies: _____________________________

Residential Life Staff Member (printed): ___________________________

Residential Life Staff Signature: _____________________________

The student picking up the “Get Well Soon” or to-go meal for their friend must present this permission slip, signed by a member of the Residential Life staff, along with the Student ID of the student who is ill or injured.

The number of meals requested will be deducted from the student’s dining plan. If more meals are requested than the student has meals available, they can be paid for with pre-paid Tiger Cash, credit or debit card, or cash.