

Recommended meals and Flex Dollars by Date - Spring 2019

Date	150	200	275	The Tiger Plan	Tiger Plan Plus	Tiger Plan Platinum
1/18/19	150	200	275	\$360.00	\$700.00	\$875.00
1/19/19	149	198	273	\$356.76	\$693.69	\$867.12
1/20/19	147	196	270	\$353.51	\$687.39	\$859.23
1/21/19	146	195	268	\$350.27	\$681.08	\$851.35
1/22/19	145	193	265	\$347.03	\$674.77	\$843.47
1/23/19	143	191	263	\$343.78	\$668.47	\$835.59
1/24/19	142	189	260	\$340.54	\$662.16	\$827.70
1/25/19	141	187	258	\$337.30	\$655.86	\$819.82
1/26/19	139	186	255	\$334.05	\$649.55	\$811.94
1/27/19	138	184	253	\$330.81	\$643.24	\$804.05
1/28/19	136	182	250	\$327.57	\$636.94	\$796.17
1/29/19	135	180	248	\$324.32	\$630.63	\$788.29
1/30/19	134	178	245	\$321.08	\$624.32	\$780.41
1/31/19	132	177	243	\$317.84	\$618.02	\$772.52
2/1/19	131	175	240	\$314.59	\$611.71	\$764.64
2/2/19	130	173	238	\$311.35	\$605.51	\$756.76
2/3/19	128	171	235	\$308.11	\$599.10	\$748.87
2/4/19	127	169	233	\$304.86	\$592.79	\$740.99
2/5/19	126	168	230	\$301.62	\$586.49	\$733.11
2/6/19	124	166	228	\$298.38	\$580.18	\$725.23
2/7/19	123	164	225	\$295.14	\$573.87	\$717.34
2/8/19	122	162	223	\$291.89	\$567.57	\$709.46
2/9/19	120	160	220	\$288.65	\$561.26	\$701.58
2/10/19	119	159	218	\$285.41	\$554.95	\$693.69
2/11/19	118	157	216	\$282.16	\$548.65	\$685.81
2/12/19	116	155	213	\$278.92	\$542.34	\$677.93
2/13/19	115	153	211	\$275.68	\$536.04	\$670.05
2/14/19	114	151	208	\$272.43	\$529.73	\$662.16
2/15/19	112	150	206	\$269.19	\$523.42	\$654.28
2/16/19	111	148	203	\$265.95	\$517.12	\$646.40

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2/17/19	109	146	201	\$262.70	\$510.81	\$638.51
2/18/19	108	144	198	\$259.46	\$504.50	\$630.63
2/19/19	107	142	196	\$256.22	\$498.20	\$622.75
2/20/19	105	141	193	\$252.97	\$491.89	\$614.86
2/21/19	104	139	191	\$249.73	\$485.59	\$606.98
2/22/19	103	137	188	\$246.49	\$479.28	\$599.10
2/23/19	101	135	186	\$243.24	\$472.97	\$591.22
2/24/19	100	133	183	\$240.00	\$466.67	\$583.33
2/25/19	99	132	181	\$236.76	\$460.36	\$575.45
2/26/19	97	130	178	\$233.51	\$454.05	\$567.57
2/27/19	96	128	176	\$230.27	\$447.75	\$559.68
2/28/19	95	126	173	\$227.03	\$441.44	\$551.80
3/1/19	93	124	171	\$223.78	\$435.14	\$543.92
3/2/19	92	123	168	\$220.54	\$428.83	\$536.04
3/3/19	91	121	166	\$217.30	\$422.52	\$528.15
3/4/19	89	119	164	\$214.05	\$416.22	\$520.27
3/5/19	88	117	161	\$210.81	\$409.91	\$512.39
3/6/19	86	115	159	\$207.57	\$403.60	\$504.50
3/7/19	85	114	156	\$204.32	\$397.30	\$496.62
3/8/19	84	112	154	\$201.08	\$390.99	\$488.74
3/9/19	82	110	151	\$197.84	\$384.68	\$480.86
3/10/19	81	108	149	\$194.59	\$378.38	\$472.97
3/11/19	80	106	146	\$191.35	\$372.07	\$465.09
3/12/19	78	105	144	\$188.11	\$365.77	\$457.21
3/13/19	77	103	141	\$184.86	\$359.46	\$449.32
3/14/19	76	101	139	\$181.62	\$353.15	\$441.44
3/15/19	74	99	136	\$178.38	\$346.85	\$433.56
3/16/19	73	97	134	\$175.14	\$340.54	\$425.68
3/17/19	72	95	131	\$171.89	\$334.23	\$417.79
3/18/19	70	94	129	\$168.65	\$327.93	\$409.91

Date	150	200	275	The Tiger Plan	Tiger Plan Plus	Tiger Plan Platinum
3/19/19	69	92	126	\$165.41	\$321.62	\$402.03
3/20/19	68	90	124	\$162.16	\$315.32	\$394.14
3/21/19	66	88	121	\$158.92	\$309.01	\$386.26
3/22/19	65	86	119	\$155.68	\$302.70	\$378.38
3/23/19	65	86	119	\$155.68	\$302.70	\$378.38
3/24/19	65	86	119	\$155.68	\$302.70	\$378.38
3/25/19	65	86	119	\$155.68	\$302.70	\$378.38
3/26/19	65	86	119	\$155.68	\$302.70	\$378.38
3/27/19	65	86	119	\$155.68	\$302.70	\$378.38
3/28/19	65	86	119	\$155.68	\$302.70	\$378.38
3/29/19	65	86	119	\$155.68	\$302.70	\$378.38
3/30/19	65	86	119	\$155.68	\$302.70	\$378.38
3/31/19	65	86	119	\$155.68	\$302.70	\$378.38
4/1/19	64	84	117	\$152.43	\$296.40	\$370.50
4/2/19	62	82	114	\$149.19	\$290.09	\$362.61
4/3/19	61	81	112	\$145.95	\$283.78	\$354.73
4/4/19	60	79	109	\$142.70	\$277.48	\$346.85
4/5/19	58	77	107	\$139.46	\$271.17	\$338.96
4/6/19	57	75	104	\$136.22	\$264.86	\$331.08
4/7/19	56	73	102	\$132.97	\$258.56	\$323.20
4/8/19	54	72	99	\$129.73	\$252.25	\$315.32
4/9/19	53	70	97	\$126.49	\$245.95	\$307.43
4/10/19	51	68	94	\$123.24	\$239.64	\$299.55
4/11/19	50	66	92	\$120.00	\$233.33	\$291.67
4/12/19	49	64	89	\$116.76	\$227.06	\$283.78
4/13/19	47	63	87	\$113.51	\$220.72	\$275.90
4/14/19	46	61	84	\$110.27	\$214.41	\$268.02
4/15/19	45	59	82	\$107.03	\$208.11	\$260.14
4/16/19	43	57	79	\$103.78	\$201.80	\$252.25
4/17/19	42	55	77	\$100.54	\$195.50	\$244.37

Date	150	200	275	The Tiger Plan	Tiger Plan Plus	Tiger Plan Platinum
4/18/19	41	54	74	\$97.30	\$189.19	\$236.49
4/19/19	39	52	72	\$94.05	\$182.88	\$228.60
4/20/19	38	50	69	\$90.81	\$176.58	\$220.72
4/21/19	37	48	67	\$87.57	\$170.27	\$212.84
4/22/19	35	46	64	\$84.32	\$163.96	\$204.95
4/23/19	34	45	62	\$81.08	\$157.66	\$197.07
4/24/19	33	43	60	\$77.84	\$151.35	\$189.19
4/25/19	31	41	57	\$74.59	\$145.05	\$181.31
4/26/19	30	39	55	\$71.35	\$138.74	\$173.42
4/27/19	29	37	52	\$68.11	\$132.43	\$165.54
4/28/19	27	36	50	\$64.86	\$126.13	\$157.66
4/29/19	26	34	47	\$61.62	\$119.82	\$149.77
4/30/19	24	32	45	\$58.38	\$113.51	\$141.89
5/1/19	23	30	42	\$55.14	\$107.21	\$134.01
5/2/19	22	28	40	\$51.89	\$100.90	\$126.13
5/3/19	20	27	37	\$48.65	\$94.59	\$118.24
5/4/19	19	25	35	\$45.41	\$88.29	\$110.36
5/5/19	18	23	32	\$42.16	\$81.98	\$102.48
5/6/19	16	21	30	\$38.92	\$75.68	\$94.59
5/7/19	15	19	27	\$35.68	\$69.37	\$86.71
5/8/19	14	18	25	\$32.43	\$63.06	\$78.83
5/9/19	12	16	22	\$29.19	\$56.76	\$70.95
5/10/19	11	14	20	\$25.95	\$50.45	\$63.06
5/11/19	10	12	17	\$22.70	\$44.14	\$55.18
5/12/19	8	10	15	\$19.46	\$37.84	\$47.30
5/13/19	7	9	12	\$16.22	\$31.53	\$39.41
5/14/19	5	7	10	\$12.97	\$25.23	\$31.53
5/15/19	4	5	8	\$9.73	\$18.92	\$23.65
5/16/19	3	3	5	\$6.49	\$12.61	\$15.77
5/17/19	1	1	3	\$3.24	\$6.31	\$7.88