Mango Banana Smoothie

**Ingredients**
1 Banana, peeled, cut in half
1 Honey mango, peeled, cut in pieces

-OR-

½ cup Mango pieces
¼ cup Plain yogurt
2 teaspoon Sugar
¼ cup Milk (dairy, almond, soy, etc.) or apple juice
2 cups Ice

**Instructions**
1. Combine all ingredients in a blender. Blend on high speed until smooth and creamy.